

2026 RETIREMENT ACCOUNT LIMITS

IRS IRA and 401(k) Limits

Below is a summary of the 2026 Internal Revenue Service updates to retirement plan contributions for the current tax year.

IRA CONTRIBUTIONS

- Roth: \$7,500
- Traditional: \$7,500
- Catch-up: \$1,100

401K CONTRIBUTIONS

- Roth/ Traditional: \$24,500
- Catch Up [age 50+]: \$8,000
- Age 60-63 Catch-Up*: \$11,250

**Under Secure 2.0 provisions, catch-up contributions may be required to be made on a Roth basis, depending on income thresholds. Consult with your tax advisor.*

TRADITIONAL IRA DEDUCTIBILITY PHASEOUT

- Single Filers covered by an employer plan
- Married Couples Filing Jointly, Contributor Contributor covered by employer plan
- Joint Filers with Spouse covered by employer plan

Modified Adjusted Gross Income Range

- \$81,000 to \$91,000
- \$129,000 to \$149,000
- \$242,000 to \$252,000

ROTH IRA ELIGIBILITY PHASEOUT

- Single Filers
- Married couples filing jointly

Modified Adjusted Gross Income Range

- \$153,000 to \$168,000
- \$242,000 to \$252,000

SEP IRA CONTRIBUTIONS

- Company may contribute up to 25% of compensation or \$72,000 [whichever is less]

SIMPLE IRA CONTRIBUTIONS

- Salary deferral: \$17,000
- Catch up [age 50+]: \$4,000
- Age 60-63: \$5,250

Source: [irs.gov](https://www.irs.gov)



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